

University of Pretoria Yearbook 2016

Foundations of sports coaching sciences 110 (YCS 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Programmes	HCert (Sports Science) Option: Sports Coaching
	BA Extended Programme
	BA Humanities
	BA Languages Languages
	BA Law
	BA Option: Sport and Leisure in Society
	BA Option: Sport and Recreation Management
	BA Option: Sports Coaching Science
	BA Option: Sports Psychology
Service modules	Faculty of Health Sciences
Contact time	3 lectures per week
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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